Sustainable Strategies







We help you create sustainable, inclusive spaces that support health and wellness. Because everyone deserves the chance to do their best work.



Nicole DeNamur, Owner
JD, WELL AP and Faculty
LEED Gren Associate
Fitwel Ambassador
FcoDistricts AP

What sets us apart:

Owned by award-winning educator, author and community leader 2021 Honorary AIA Seattle

2022 Educator of the Year (International WELL Building Institute)
2023 LGBTQ+ Outstanding Voices (Puget Sound Business Journal)

What we do:



- Assessment of office spaces (large, small, portfolios), develop recommendations based on resources and priorities.
- Alignment with Environmental, Social and Governance (ESG) metrics and third-party certification.



- Leverage latest research to develop strategies that add long term business value, manage risk and support ESG goals.
- Evaluate intersections with equity, diversity, inclusion and belonging.



- Deliver training and education to support design strategies and foster engagement.
- Professional speaking engagements.
- Support for meaningful and equitable Return to Office and hybrid work strategies.

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Proud members of the Greater Seattle Business Association, and a Certified WBE (Washington State) and LGBT Business Enterprise (National Gay and Lesbian Chamber of Commerce). Working with us supports diverse-owned firms in your supply chain!